



## Chemical Peels

### **What is a Chemical Peel?**

A chemical peel is a skin-resurfacing procedure in which a chemical solution is applied to the skin to remove the top layers. The skin that grows back after a chemical peel is smoother and younger looking. Chemical peels treat wrinkles, fine lines, skin discoloration, and improves acne.

### **How does a Chemical Peel Work?**

There are different depths of a peel: light, medium, and deep. Deeper peels usually produce more dramatic results, but also have a slightly longer post-peel recovery period.

### **What to know before and after?**

Avoid Chemical Peels if you have a history of severe outbreaks of herpes virus, dark complexion, or abnormal skin pigmentation. A mild stinging and burning sensation can be expected during a light to medium depth peel. You can use ice packs or a fan if experiencing discomfort. Treated areas usually take seven days to heal post peel.